



Men's Size Guide

The below size chart is a 'To Fit' guideline for the following styles: Technical T-shirt, Running Vest, Cycle Jersey and Rugby Jersey, Bibshorts, Cycle Shorts, Running Tights, Running Shorts, Long Length Shorts, Rugby Shorts, Boardshorts, Stadium pants

Size	XS	S	M	L	XL	2XL	3XL	4XL
Chest (cm)	86	94	102	110	115	120	125	130
Inches	34	37	40	43	45	47	49	51
Waist (cm)	71-76	76-81	81-86	86-91	91-96	96-101	101-106	106-111
Inches	28-30	30-32	32-34	34-36	36-38	38-40	40-42	42-44

** Please note all measurements are approximate

Women's Size Guide

The below size chart is a 'To Fit' guideline for the following styles: Technical T-shirt, Running Vest, Cycle Jersey and Rugby Jersey, Rugby Shorts, Running Tights

Size	XXS	XS	S	M	L	XL	XXL	XXXL
	6	8	10	12	14	16	18	20
Bust (cm)	87	91	95	99	103	107	111	115
Waist (cm)	64-69	69-74	74-79	79-84	84-89	89-94	94-99	99-104
Inches	25-27	27-29	29-31	31-33	33-35	35-37	37-39	39-41
Hip (cm)	82-86	86-90	90-94	94-98	98-102	102-106	106-110	110-114
Inches	32¼- 33¾	33¾- 35½	35½- 37	37- 38½	38½-40	40- 41¾	41¾- 43¼	43¼- 44¾

** Please note all measurements are approximate

Youth Size Guide

The below size chart is a guideline for the following styles: Technical T-shirt, Cycle Jersey and Rugby Jersey. Please note the below are approximate garment measurements and are not 'To Fit' measurements.

Size	YXS	YS	YM	YL
Chest (cm)	77-79	83-85	87-89	92-94

** Please note all measurements are approximate

Measurement Tips:

Chest: Measure around the largest part of your chest. Be sure not to pull the measuring tape too taut.

Bust: Measure around the fullest part of the bust, across your shoulder blades.

Waist: Measure around your natural waistline and ensure the measuring tape is taut.

Hip: Stand with your feet together and measure around the widest part of your hips. Ensure measuring tape is taut.

Please note the above measurements are body measurements (excluding Youth sizes). The fit of our garments depends on the cut, fabric and the style of the garment therefore the above size charts are just a guide and all measurements are approximate.